



LEAF

SPA



Our lives are tied to the earth unto which we are born. Our physical, mental and spiritual bodies are deeply intertwined to the seasonality of our planet. There are moments of transformation available to use all throughout our lives and often are brought on by the natural changes around us. More often than not, presenting us with an opportunity to shed the old "leaves" and blossom anew and take one step closer to our true selves.

Leaf spa is the embodiment of the seasonality of life. Incorporating elements of nature in our treatments, we remind you that universally we are all one and come from the same place. Our intention is to bring you back to the source from which you came, so that like the foliage of nature, you can embrace the changes that may be presented in your life and align with the strength that each seasons presents.





Birch
rebirth/new beginning



Holly
peace and good will



Red Oak
willingness to survive



Red Maple
symbol of endurance



Sycamore
symbol of strength



Ginkgo
hope, love and duality



Fern
good luck and often
for new lovers



Bodhi
attained enlightenment,
wisdom and compassion





Winter

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is time for home." - Edith Sitwell

During winter things tend to slow down. We have time to reflect as we reset and begin a new year. Cleansing from the past and peacefully pursuing the future.



The Sacred Sage Facial

Sage known for centuries as a sacred herb, also having amazing antioxidant and antibacterial properties. This sacred ceremony and facial will cleanse you from the inside out and clear out those bad vibes.

50 Mins \$175 | 80 Mins \$275



The Serenity Slumber Body Treatment

Rest is needed some times to relax and reflect on whats to come. Realign with us with this lavender infused body scrub that will shed what no longer serves you while we realign your chakras to get you ready for whats to come.

80 Mins \$295

The Peaceful Pause Massage

Recharge with our peaceful pause massage starting with a manifesting meditation to help calm your nerves of anxiety so you can peacefully pursue your dreams.

50 Mins \$170 | 80 Mins \$270| 110 Mins \$370



Spring

“Spring adds new life and new beauty to all that is.”
— Jessica Harrelson



As we reach spring our bodies are recharged and renewed ready to blossom and take on the world.

The Botanical Booster Facial

Restore your skins energy with our Botanical Booster. Rich in enzymes and antioxidants helping even out the skin tone and promote anti-aging. This Miraculous facial will have you glistening like the sun glowing upon your skin.

50 Mins \$175 | 80 Mins \$275



The Radiant Renewal Body Treatment

Reveal a smoother, more radiant, and youthful complexion with this age-defying treatment. Re energizing your skin and soul that will get you ready to spring ahead!

80 Mins \$295

The Floral Flow Massage

Go with the flow and let go of any worries with our Floral Flow Massage. Using Rose aromatherapy to elevate your energy so you can vibrate higher and attract abundance into your life with ease and comfort,

50 Mins \$170 | 80 Mins \$270| 110 Mins \$370





Summer

"Summer is singing with joy, and the beaches are inviting you with dancing waves." —Debasish Mridha

Summer is about soaking up the sun enjoying every second of the day, and making memories that last a lifetime.



The Honeysuckle Facial

Glowing skin is always in. Honey is a humectant which helps your skin absorb and retain moisture while balancing the skin. Its natural antibacterial and antiseptic abilities make this a great treatment for all skin types including anyone with acne. Haramonize your skin with this supple treatment that your skin will thank you for.

50 Mins \$175 | 80 Mins \$275



The Cool down Cure Body Treatment

Cool down your body during these heat stressed months with our Aloe and coconut infused body treatment using cold therapy, that will not only heal your skin but have you feeling refreshed and invigorated.

80 Mins \$295

The Vital Force Massage

Vitalize your soul with this amazing deep pressure massage that will help rid your body of any toxins weighing you down and keeping you sluggish. Leaving you feeling strong and revitalized.

50 Mins \$170 | 80 Mins \$270| 110 Mins \$370



Fall



"There is no better time than the autumn to begin forgetting the things that trouble us, allowing them to fall away like dried leaves."

As autumn arrives we are filled with warmth of holiday cheer, a year closing out and hopeful to celebrate a new year with endless possibilities.

The Falless Facial

Nothing says fall like pumpkin and spice. Warm your soul with this amazing facial including pumpkin and cinnamon. When combining these potent two you create a powerful enzyme helping to even out any skin discoloration. Leaving your skin healthy and renewed.

50 Mins \$175 | 80 Mins \$275



The Mindful Meditative Massage

The mind is powerful, and disconnecting from time to time is needed in order to live a healthy and happy life. Join us for this meditative massage starting with a guided meditation and soundbowl healing to help relax the mind and ease the body into this majestic massage.

80 Mins \$270| 110 Mins \$370

The Dosha Detox Body Treatment

Ayurvedic wisdom, routine detoxification can be invaluable for maintaining good health during seasonal changes. Its important to reset our bodies from time to time. Detox with this lymphatic, herb infused body treatment that will help balance and align your body, mind, and soul.

80 Mins \$295| 110 Mins \$395





The essential elements of earth

The essential all in one Package. The Botanical Booster Facial + The Dosha Detox Body Treatment + The Vital Force Massage

50 min Massage + 80 min body treatment + 50 min Facial \$640



The sacred soul

The Package for the soul, Includes sacred sage facial + The Radiant Renewal Body Treatment + Soundbowl Healing

80 min Facial + 80 min Massage \$570



The Papahānaumoku

The Mother Nature Package for the body, mind, and soul. The Falless Facial + The Serenity Slumber Body Treatment + The Mindful Meditative Massage +Soundbowl Healing

110 min massage + 80 min body treatment + 50 min facial \$835



The Lotus of Love Couples Massage

The lotus represents purity, and enlightenment. even when its roots are in the dirtiest waters, the Lotus produces the most beautiful flower. We created this couples massage with the intention to reignite the purity and beauty in your love.

50 min \$340| 80 min \$540| 110 min \$740



The Prenatal Pine Massage

Prenatal Massage is a nurturing massage that focuses on the needs of mothers-to-be during pregnancy pining for relaxation and serenity.

50 minutes \$170 | 80 minutes \$270 |110 minutes \$370



The Lavender Lymphatic Massage

Lymphatic drainage massage is a form of gentle massage that encourages the movement of lymph fluids around the body. The fluid in the lymphatic system helps remove waste and toxins from the bodily tissues. Infused with lavender to help you detoxify with ease.

50 min \$185| 80 min \$295| 110 min \$385



Add ons



Knesko Mask

KNESKO bridges science and spirituality with revolutionary gemclinical skincare technology.

Knesko Face	\$50
Eye	\$35
Lip	\$35
Neck	\$50
Decollate	\$50

Hot Stones

A Hot Stone therapy promotes overall health by rejuvenating the body and directing the flow of energy in the right way. It helps in reducing pain and stress \$35

CBD oil

Benefits of a CBD massage include reduced inflammation, chronic pain relief, and soothed tension and anxiety.

\$35

Back Reviver Reveal

Smoother skin during any massage with this exfoliating and refreshing treatment that leaves the back smooth, soft and hydrated.

\$35

Hand or Foot Reviver

Reveal brighter skin with this exfoliating and nourishing treatment that will leave hands or feet smooth, soft and bright. Add to any facial, massage or body treatment.

\$35

Soak

The warmth of the water allows your muscles to relax and eases the pain in your joints, helping you to exercise. The water supports your weight, which helps to relieve pain and increase the range of movement of your joints.

30 mins \$75

Enhancements for Soak



Dandelion Root
for Root Chakra
Balance



Eucalyptus
for Throat
Chakra
Creativity



Calendula
for Sacral Chakra
Uplifting



Clary sage
for Third
eye chakra
Wisdom



Rosemary
for Solar Plexus
Chakra
Confidence



Lavender
for Crown
Chakra
Serenity



Hibiscus
for Heart
Chakra
Self love

\$75

Scalp Rejuvenation

This energizing scalp treatment is designed to soothe stress and invigorate circulation in the neck and shoulders using citrus essential oils and a warming massage technique.

\$35



Wish Tree

Traditionally native, local and indigenous, wish trees are symbolic and represent hope. We created the wish tree in our spa to allow our guest to remember everything starts with a dream and anything is possible.

Steam room

Sitting in a steam room might significantly improve your cardiovascular health. Improved circulation can lead to lowered blood pressure and a healthier heart. It can also promote healing of broken skin tissue.

Willow Tree

Willow trees represent the balance, harmony, and growth we experience through these storms and life challenges. The willow tree gives us hope, a sense of belonging, and safety. The ability to let go of the pain and suffering to grow new, strong and bold.

Alchemist Bar

Where the magic happens. Create your very own concoctions in our Alchemist bar. Where we have an assortment of healing herbs, plants, and more. Here you can create your own oils, scrubs, and tinctures to take a little piece of Leaf Spa home with you.

Relaxtion room

A quiet space where you can relax before treatment. Meditation is welcomed and encouraged.

House of Knowledge

House of Knowledge is our gallery wall of plants, herbs, and leaves from around the world and their natural healing benefits. Mother Nature is always giving us her gifts and we wanted to shed light on how powerful the world we live in is.

Arrivals

In order to experience and prepare for your treatment with enough time to enjoy our amenities, we recommend that you arrive at least 30 minutes prior to your treatment. Spa guests and hotel guests have access to the spa's wet facilities which includes sauna, as well as the spa's indoor relaxation areas.

Etiquette

The spa environment is one of tranquility and relaxation. In consideration of other spa guests, guests are asked to speak quietly and switch off mobile phones and digital devices. If using headphones, the volume level should not be audible to other guests. The spa is a non-smoking zone.

Special Request

Trained professionals properly drape guests throughout their service. If there is a preference for a specific technician or a male or female therapist for spa treatments, spa staff will strive to fulfill wishes based upon availability. For assistance with anything during the spa experience, such as an adjustment to lighting, sound, temperature, pressure or technique of the spa service, guests should inform their technician.

Cancellation

If you wish to reschedule or cancel your booking, please be advised that a minimum 24 hour notice is required to avoid a 100% cancellation fee. No-shows are charged a 100% fee.

Loss and Damages

Leaf spa is not responsible for any loss or damage to personal items and valuables during visits. Guests are advised not to wear any jewelry or valuables to the spa.

Health

To maximize the benefits of the spa experience, guests should relate any health issues, allergies or injuries that may make the chosen treatment unsuitable. If you are feeling ill or have a fever, we ask that you contact us immediately and postpone your appointment. Therapists will be happy to advise safer alternatives.





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